

## The following Corona protections apply to your participation in CaviTAU<sup>®</sup> events or training

Dear Colleagues,

we are aware that some of you are unsettled by the constantly changing regulations, instructions and media reports.

That is why we have developed a **professional hygiene concept** and have already successfully applied it at several events with numerous participants.

Our concept may be strict, but it works perfectly.

### OUR HYGIENE CONCEPT

- There is a general obligation to wear a mask over the mouth and nose.
- Please also wear the mask when entering and leaving the rooms / the practice
- Appropriate mouth/nose covering is to be worn when arriving and leaving as well as in the corridors of the venue
- We refrain from shaking hands (a smile or wave will do)
- Large distance between chairs
- The seminar room will be permanently ventilated (warm clothing recommended)
- Frequent hand washing for at least 30 seconds
- Hand disinfection
- Special hygiene measures during breaks (please remember the minimum distance)
- Staff wear masks and gloves
- Please keep a distance of at least 1.5m from other participants whenever possible.
- We disinfect surfaces and equipment used by several people in a demonstration regularly and after each use

We are sorry that these protections mean some effort for you and thank you for your understanding. Better times will come again!

### NOTICE:

#### You come from a "risk area" – NO problem!

We offer the possibility to get tested via Covid-19 rapid test on site. In addition, we have prepared a short watch list for your entry:

1. Carry a completed document "Declaration on the absolute necessity of a short-term business trip
2. Carry a certificate from Dr. Dr. Lechner as an attachment to the above-mentioned document
3. Take negative Corona test result with you - result in German & English language
4. **You have not travelled to a risk area** in the 2 weeks prior to participation.

## 1. BASIC INFORMATION

### 1.1. You as doctors are allowed to...

#### ...participate in the seminar

You may be present in closed rooms with more than 10 persons for the purpose of professional and official activities, such as further training and seminars. (§ 3 para.3 Eighth Bavarian Law of 30 October 2020 (BayMBl. No. 616) BayRS 2126-1-12-G)

#### ...go on a short-term business trip

We will send you the pre-filled document "Declaration on the absolute necessity of a short-term business trip" by e-mail after registration. This document should be carried during the trip (it cannot be sent in advance); it is to be presented to the transporting airline and at the border control. You will also receive a certificate from Dr. Dr. Lechner on the **urgency of the business trip** by e-mail after registering for the seminar.

Self-employed and employed **business travellers** who carry out activities according to § 16 No. 2 of the Employment Regulation may enter the country according to this exemption category if they fulfil its requirements.

However, it is a prerequisite that sufficient credible evidence is provided (e.g., by means of an appropriate employer's certificate, confirmation from the business partner in Germany) that the entry is absolutely necessary, even taking into account the pandemic situation.

In particular, a personally signed declaration of the absolute necessity of a short-term business trip by the business partner or employer in Germany can be used to substantiate this. This document should be carried along during the trip (it cannot be sent in advance); it is to be presented to the transporting airline and at the border control. A declaration by a business partner or employer in the sending country (third country) is not sufficient on its own.

### 1.2. For you as doctors there is no...

...in doctors' and dentists' surgeries and in all other premises in which medical, therapeutic and nursing services are provided or medically necessary treatments are offered, the otherwise applicable minimum distance of 1.5 m as well as the usual obligation to wear a mask.

(§ 12 Para. 3 - Eighth Bavarian Infection Protection Measures Ordinance of 30 October 2020 (BayMBl. No. 616) BayRS 2126-1-12-G)

## 2. YOUR ARRIVAL

The negative Corona test and the medical confirmation must be available in German or English.

- **Travelling to Bavaria from other federal states**

The current protections in Germany apply nationwide:

<https://www.bundesregierung.de/breg-de/themen/coronavirus/corona-bundeslaender-1745198>

**Exception regarding quarantine:** Quick test on site by the practice clinic Dr Dr (PhD-UCN) Lechner. If the test is negative, quarantine is not required.

- **Travelling to Bavaria from other countries**

If you have stayed in a virus variant area in the last few days before entering the Federal Republic of Germany, you already had to register via the entry portal at <https://einreiseanmeldung.de/#/> before entering the country..

If your foreign places of stay are still classified as virus variant areas when you enter Germany, you must observe the quarantine obligation. You can find the current classification on the page <https://www.rki.de/EN/Content/infections/epidemiology/outbreaks/COVID-19/COVID19.html> entnehmen.

When you enter Germany, you must have a test certificate with you in accordance with the regulations, which is based on a test using nucleic acid detection (e.g., PCR).

After your arrival, PCR testing may be ordered by the health authorities at the airport or at the place of isolation/quarantine. Please note the obligation for a 14-day quarantine, which also applies to vaccinated and recovered persons. A shortening of the quarantine period is generally not possible.

Examples of exceptions to the quarantine obligation:

- Transit through the virus variant area or through Germany
- Border commuters, cross-border commuters
- 24-hour stays
- Transport personnel (up to 72 hours)
- Cultural and sporting events

<https://www.bundesgesundheitsministerium.de/en/coronavirus/infos-reisende/faq-tests-einreisende.html>

### 3. YOUR DEPARTURE

- **Return journey**

Due to the Covid 19 pandemic, there are travel restrictions when entering the country from a virus variant area. Registration, proof and quarantine are compulsory. Restrictions on entry from other countries have largely been lifted.

**Exception regarding quarantine:** Rapid test on site by the practice clinic Dr Dr (PhD-UCN) Lechner. In the case of a negative test, quarantine is not required.

### 4. CURRENT STATUS AND POSSIBLE CHANGES

According to the current status, the seminar will take place as planned.

We will keep you regularly informed about changes until the actual date.

**You will receive all information from us first hand, so you do not need to worry about a possible cancellation in advance.**

- **Other general Covid 19 rules**

Everyone is encouraged to keep physical contact with other people to a minimum and to keep the circle of people as constant as possible. Wherever possible, keep a minimum distance of 1.5 m between two people.

Anyone who has stayed in a risk area outside Germany for a period of 14 days before entering Bavaria must generally be placed in domestic quarantine for 14 days.

The test and the medical confirmation must be available in German or English.

Please refrain from participation if you suffer from one/several possible Covid 19 symptoms.

<b>Most Common Symptoms:</b>	<b>Rare symptoms:</b>	<b>severe symptoms:</b>
Fever	Body aches	Difficulty breathing or shortness of breath
Dry cough	Sore throat	Pain or pressure in the chest area
Fatigue	Diarrhea	Loss of the ability to speak or move
	conjunctivitis	
	headache	
	Loss of taste or smell	
	Discoloration on fingers, toes or skin rash	